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Get the Facts About Exposure to I-131 Radiation



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Exposure to I-131 Radiation

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Questions about cancer?

- 1-800-4-CANCER

- [LiveHelp online chat](#)



NCI Highlights

Taking Care of Yourself

Key steps to estimating personal risk of thyroid cancer, and taking charge of personal thyroid health include:

- Using the "personal risk profile" described in this brochure (see "Who's at Risk?")
- Using the dose estimator on the National Cancer Institute's Web site www.cancer.gov (search keyword: I-131)
- Taking this brochure to a health care professional to discuss dose estimates and steps—if any—required for further evaluation
- Getting more information by calling the National Cancer Institute's Cancer Information Service at 1-800-4-CANCER

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